

PEMBROKE PINES YMCA Family Center



501 SW 172nd Ave, Pembroke Pines, FL 33029 | 954.727.9622

Hours of Operation:

Monday – Thursday 5:00am - 10:00pm | Friday 5:00am – 9:00pm | Saturday & Sunday 8:00am – 4:00pm

Call or download our mobile app for more details about sports, children’s & teen’s programming!

GYMNASIUM



WELLNESS FLOOR



PEMBROKE PINES YMCA AQUATIC CENTER

1361 NW 129th Ave, Pembroke Pines, FL 33028 | 954.447.76457

Hours of Operation:

Saturday & Sunday | 10:00am - 6:00pm | March – May & September

Sunday – Saturday | 10:00am – 6:00pm | June – August

Open for lap swim and programming year round.



SILVER LAKES SOUTH POOL

17601 SW 2nd Street, Pembroke Pines, FL 33029 | 954.447.7645

Hours of Operation:

Members Only Open Swim | April – September | 5-7:30pm

Open for swimming lessons and water fitness classes! Call or download our mobile app for details!

